

Family and Friends Information Evenings

Do you know a young person aged 12-25 years
who is going through a tough time?

Are you a parent, carer/guardian, sibling, extended family member,
partner, friend or other person who is supporting a young person
going through a tough time?

Want to find out more about support available at headspace?

Family and friends are welcome to attend information sessions to learn more about the supports available at **headspace** Launceston for young people and their family, friends, how to support a young person to access support, and how you can be involved and support a young person through the **headspace** journey

Please note this is not a support group.

headspace Open Night

Come in and check out our centre, meet the team and have some of your questions answered.

We will also do a presentation that will touch on how headspace can support a young person.

When: 16th November 2018 5pm – 7.30pm

Where: Cnr Brisbane & Wellington St Lton

Contact:

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